

## Inequalities

### Rearrangement and Chebyshev Inequalities

*Theorem 1* (Rearrangement). Let  $x_1, x_2, \dots, x_n$  and  $y_1, y_2, \dots, y_n$  be real numbers (not necessarily positive) with

$$x_1 \leq x_2 \leq \dots \leq x_n, \text{ and } y_1 \leq y_2 \leq \dots \leq y_n,$$

and let  $\sigma$  be a permutation of  $\{1, 2, \dots, n\}$ . Then the following inequality holds:

$$x_1 y_n + x_2 y_{n-1} + \dots + x_n y_1 \leq x_1 y_{\sigma_1} + x_2 y_{\sigma_2} + \dots + x_n y_{\sigma_n} \leq x_1 y_1 + x_2 y_2 + \dots + x_n y_n.$$

*Proof.* We prove the inequality on the right by induction on  $n$ . The statement is obvious for  $n = 1$ . Suppose it true for  $n - 1$ . Let  $m$  be an integer such that  $\sigma m = n$ . Since  $x_n \geq x_m$  and  $y_n \geq y_{\sigma n}$ ,

$$\begin{aligned} (x_n - x_m)(y_{\sigma n} - y_n) &\geq 0 \implies \\ x_m y_n + x_n y_{\sigma n} &\geq x_m y_{\sigma n} + x_n y_n. \end{aligned}$$

Hence

$$x_1 y_{\sigma_1} + \dots + x_m y_{\sigma_m} + \dots + x_n y_{\sigma_n} \leq x_1 y_{\sigma_1} + \dots + x_m y_{\sigma_n} + \dots + x_n y_n.$$

By the induction hypothesis,

$$x_1 y_{\sigma_1} + \dots + x_m y_{\sigma_n} + \dots + x_{n-1} y_{\sigma_{(n-1)}} \leq x_1 y_1 + \dots + x_m y_m + \dots + x_{n-1} y_{n-1}.$$

Combining these two we get the desired inequality.

To prove the LHS, apply the above with  $-y_i$  instead of  $y_i$ .  $\square$

*Theorem 2* (Chebyshev). Let  $a_1 \leq a_2 \leq \dots \leq a_n$  and  $b_1 \leq b_2 \leq \dots \leq b_n$  be two similarly sorted sequences. Then

$$\frac{a_1 b_n + a_2 b_{n-1} + \dots + a_n b_1}{n} \leq \frac{a_1 + a_2 + \dots + a_n}{n} \cdot \frac{b_1 + b_2 + \dots + b_n}{n} \leq \frac{a_1 b_1 + \dots + a_n b_n}{n}$$

*Proof.* Add up the following inequalities (which hold by the Rearrangement Inequality):

$$\begin{aligned} a_1 b_1 + a_2 b_2 + \dots + a_n b_n &\leq a_1 b_1 + a_2 b_2 + \dots + a_n b_n \\ a_1 b_2 + a_2 b_3 + \dots + a_n b_1 &\leq a_1 b_1 + a_2 b_2 + \dots + a_n b_n \\ &\vdots \\ a_1 b_n + a_2 b_1 + \dots + a_n b_{n-1} &\leq a_1 b_1 + a_2 b_2 + \dots + a_n b_n \end{aligned}$$

This gives the right-hand inequality.

By replacing  $y_i$  with  $-y_i$  and using the above result we get the left-hand inequality.  $\square$

### Problems

1. Powers: For  $a, b, c > 0$  prove that

(a)  $a^a b^b c^c \geq a^b b^c c^a$ .

(b)  $a^a b^b c^c \geq (abc)^{\frac{a+b+c}{3}}$ .

2. Prove the following for  $x, y, z > 0$ :

(a)  $\frac{x^2}{y^2} + \frac{y^2}{z^2} + \frac{z^2}{x^2} \geq \frac{x}{z} + \frac{y}{x} + \frac{z}{y}$ .

(b)  $\frac{xy}{z^2} + \frac{yz}{x^2} + \frac{zx}{y^2} \geq \frac{x}{y} + \frac{y}{z} + \frac{z}{x}$ .

3. (IMO 1978/2) Let  $a_1, \dots, a_n$  be pairwise distinct positive integers. Show that

$$\frac{a_1}{1^2} + \frac{a_2}{2^2} + \dots + \frac{a_n}{n^2} \geq \frac{1}{1} + \frac{1}{2} + \dots + \frac{1}{n}.$$

4. (modified ISL 2006/A4) Prove that for all positive  $a, b, c$ ,

$$\frac{ab}{a+b} + \frac{bc}{b+c} + \frac{ac}{a+c} \leq \frac{3(ab+bc+ca)}{2(a+b+c)}.$$

5. (MOSP 2007) Let  $k$  be a positive integer, and let  $x_1, x_2, \dots, x_n$  be positive real numbers. Prove that

$$\left( \sum_{i=1}^n \frac{1}{1+x_i} \right) \left( \sum_{i=1}^n x_i \right) \leq \left( \sum_{i=1}^n \frac{x_i^{k+1}}{1+x_i} \right) \left( \sum_{i=1}^n \frac{1}{x_i^k} \right).$$

6. Prove that for any positive real numbers  $a, b, c$  the following inequality holds:

$$\frac{a^2+bc}{b+c} + \frac{b^2+ac}{c+a} + \frac{c^2+ab}{a+b} \geq a+b+c.$$

## Convexity, Jensen's and Karamata's Inequalities

*Definition 1.* A function  $f : I \rightarrow \mathbb{R}$  (where  $I \subseteq \mathbb{R}$  is an interval) is said to be *convex* if for any  $t \in [0, 1]$  and  $x, y \in I$ , the following inequality holds:

$$f(tx + (1-t)y) \leq tf(x) + (1-t)f(y).$$

We say that  $f(x)$  is *strictly convex* if equality holds only when  $t = 0, 1$  or  $x = y$ . If the inequalities are reversed, we say that  $f(x)$  is *concave* or *strictly concave*.

You may think of convexity as meaning that the line segment joining two points of the graph of  $f$  is always greater than the graph itself. Note that if you know something is convex, you do not know that it is necessarily increasing or decreasing! However, the absolute maximum of a convex function (if it exists) never occurs on the interior of the interval of definition.

We have a number of examples of convex functions:

- $f(x) = x^r$  for  $r \geq 1$  and  $x \geq 0$ .
- $f(x) = -\log x$ .

- $f(x) = 1/x$  for  $x > 0$ .
- $f(x) = 1/(x^2 + 1)$  for  $x \geq 1/\sqrt{2}$ .

We have other characterizations of convex functions:

*Theorem 3.* A function  $f(x)$  is convex if and only if for any  $x_1 \leq y_1 < x_2 \leq y_2$  (where  $[x_1, y_2]$  is in the domain of  $f$ ) we have

$$\frac{f(x_2) - f(x_1)}{x_2 - x_1} \leq \frac{f(y_2) - f(y_1)}{y_2 - y_1},$$

and strictly convex if and only if this inequality is always strict. A function  $f(x)$  which is differentiable everywhere is convex if and only if  $f'(x)$  is a nondecreasing function of  $x$ , and strictly convex if and only if  $f'(x)$  is increasing. A function  $f(x)$  which is twice differentiable everywhere is convex if and only if  $f''(x) \geq 0$ , and strictly convex if  $f''(x) > 0$  (though not conversely in general).

It is easy to find the maximum of a convex function:

*Theorem 4.* If  $f$  is convex, then the maximum value of  $f(x)$  on the interval  $[a, b]$  is attained when  $x = a$  or when  $x = b$ . If  $f$  is concave, then the minimum value of  $f(x)$  on the interval  $[a, b]$  is attained when  $x = a$  or when  $x = b$ .

Jensen's inequality essentially extends the elementary notion of convexity to any number of variables:

*Theorem 5.* Let  $f(x)$  be convex on an interval  $I$ , let  $x_1, x_2, \dots, x_n \in I$ , and let  $\lambda_1, \lambda_2, \dots, \lambda_n$  be nonnegative real numbers (weights) with  $\lambda_1 + \lambda_2 + \dots + \lambda_n = 1$ . Then

$$\lambda_1 f(x_1) + \lambda_2 f(x_2) + \dots + \lambda_n f(x_n) \geq f(\lambda_1 x_1 + \lambda_2 x_2 + \dots + \lambda_n x_n).$$

If  $f(x)$  is strictly convex, then equality holds if and only if  $\lambda_i = 1$  for an  $i$  or all the  $x_i$  are equal.

*Proof.* Induct on  $n$ . □

Karamata's inequality is a generalization of Jensen's.

*Definition 2.* The sequence  $x_1 \geq x_2 \geq \dots \geq x_n$  majorizes the sequence  $y_1 \geq y_2 \geq \dots \geq y_n$ , denoted

$$(x_1, x_2, \dots, x_n) \succ (y_1, y_2, \dots, y_n)$$

if

$$\begin{aligned} x_1 &\geq y_1 \\ x_1 + x_2 &\geq y_1 + y_2 \\ &\vdots \geq \vdots \\ x_1 + x_2 + \dots + x_{n-1} &\geq y_1 + y_2 + \dots + y_{n-1} \\ x_1 + x_2 + \dots + x_{n-1} + x_n &= y_1 + y_2 + \dots + y_{n-1} + y_n \end{aligned}$$

*Theorem 6* (Karamata Majorization). Let  $f : I \rightarrow \mathbb{R}$  be convex on  $I$  and suppose that  $(x_1, \dots, x_n) \succ (y_1, \dots, y_n)$ , where  $x_i, y_i \in I$ . Then

$$f(x_1) + \dots + f(x_n) \geq f(y_1) + \dots + f(y_n).$$

The reverse inequality holds if  $f$  is concave.

*Proof.* Let

$$c_i = \frac{f(x_i) - f(y_i)}{x_i - y_i}, \quad S_k = \sum_{i=1}^k x_i, \quad T_k = \sum_{i=1}^k y_i.$$

Then

$$\begin{aligned} \sum_{i=1}^n f(x_i) - f(y_i) &= \sum_{i=1}^n c_i(x_i - y_i) \\ &= \sum_{i=1}^n c_i(S_i - S_{i-1} - T_i + T_{i-1}) \\ &= \underbrace{c_n(S_n - T_n)}_0 + \sum_{i=0}^{n-1} (c_i - c_{i+1})(S_i - T_i) \end{aligned}$$

The last expression is positive since convexity implies  $c_i \geq c_{i+1}$  and the majorization condition implies  $S_i \geq T_i$ .  $\square$

Jensen's and Karamata's inequalities are related to the idea of *smoothing*, which allows you to make moves like Jensen without necessarily the assumption of convexity. More precisely, given a desired inequality  $f(x_1, x_2, \dots, x_n) \geq 0$  say, if  $x_i$  and  $x_j$  may both be replaced by values  $x'_i$  and  $x'_j$  (often the same) such that  $f$  takes on a lesser value than before, the problem may be reduced to that case (which may for example allow an induction).

## Problems

1. Trig: Let  $A, B, C$  be the angles of a triangle. Prove that

(a)  $\sin A + \sin B + \sin C \leq \frac{3\sqrt{3}}{2}$ .

(b)  $\cos A + \cos B + \cos C \leq \frac{3}{2}$ .

(c)  $\cot A + \cot B + \cot C \geq \sqrt{3}$ .

(d)  $\tan A + \tan B + \tan C \geq \sqrt{3}$ .

(e)  $\sin A \sin B \sin C \leq \frac{3\sqrt{3}}{8}$ .

2. Let  $0 < a, b, c < 1$ . Prove that

$$\frac{a}{1-a} + \frac{b}{1-b} + \frac{c}{1-c} \geq \frac{3\sqrt[3]{abc}}{1-\sqrt[3]{abc}}.$$

3. Let  $n \geq 2$  and  $x_1, x_2, \dots, x_n$  positive numbers whose sum is 1. Prove that

$$\frac{x_1}{\sqrt{1-x_1}} + \frac{x_2}{\sqrt{1-x_2}} + \dots + \frac{x_n}{\sqrt{1-x_n}} \geq \sqrt{\frac{n}{n-1}}.$$

4. (USAMO 1977/5) If  $a, b, c, d, e$  are positive reals bounded by  $p$  and  $q$  with  $0 < p \leq q$ , prove that

$$(a+b+c+d+e) \left( \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} \right) \leq 25 + 6 \left( \sqrt{\frac{p}{q}} - \sqrt{\frac{q}{p}} \right)^2$$

and determine when equality holds.

5. Let  $f(x)$  be a convex function defined on an interval  $I$ , and let  $x_1, x_2, x_3 \in I$ . Prove that

$$\begin{aligned} & f(x_1) + f(x_2) + f(x_3) + 3f\left(\frac{x_1+x_2+x_3}{3}\right) \\ & \geq 2 \left[ f\left(\frac{x_1+x_2}{2}\right) + f\left(\frac{x_2+x_3}{2}\right) + f\left(\frac{x_3+x_1}{2}\right) \right]. \end{aligned}$$

Conclude that for  $a, b, c \geq 0$ ,

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{3}{a+b+c} \geq \frac{2}{a+b} + \frac{2}{b+c} + \frac{2}{a+c}.$$

6. (Poland) Given  $a_1, \dots, a_n \in [0, 1]$ , prove that

$$a_1^2 + \dots + a_n^2 \leq [a_1 + \dots + a_n] + \{a_1 + \dots + a_n\}^2.$$

7. (based off Vietnam 1998) Let  $x_1, x_2, \dots, x_n$ ,  $n \geq 2$  be positive real numbers with

$$\frac{1}{x_1+2010} + \frac{1}{x_2+2010} + \dots + \frac{1}{x_n+2010} = \frac{1}{2010}$$

Prove that

$$\frac{\sqrt[n]{x_1 x_2 \cdots x_n}}{n-1} \geq 2010.$$

8. (USAMO 1998/3) Let  $a_0, a_1, \dots, a_n \in (0, \pi/2)$  be numbers such that

$$\tan(a_0 - \pi/4) + \tan(a_1 - \pi/4) + \dots + \tan(a_n - \pi/4) \geq n - 1.$$

Prove that  $\tan a_0 \tan a_1 \cdots \tan a_n \geq n^{n+1}$ .

9. (Romania 1999) Show that for all positive reals  $x_1, \dots, x_n$  with  $x_1 x_2 \cdots x_n = 1$ , we have

$$\frac{1}{n-1+x_1} + \dots + \frac{1}{n-1+x_n} \leq 1.$$

Cauchy-Schwarz, Hölder's, and More

*Theorem 7* (Weighted Power Mean). Let  $a_1, \dots, a_n$  and  $\omega_1, \dots, \omega_n$  be positive numbers. Define the weighted power mean to be

$$\mathfrak{P}(a_1, a_2, \dots, a_n; r) = \begin{cases} \left( \frac{\omega_1 a_1^r + \omega_2 a_2^r + \dots + \omega_n a_n^r}{\omega_1 + \dots + \omega_n} \right)^{1/r} & \text{if } r \in \mathbb{R} \setminus \{0\} \\ \omega_1 + \dots + \omega_n \sqrt[\omega_1 + \dots + \omega_n]{a_1^{\omega_1} a_2^{\omega_2} \dots a_n^{\omega_n}} & \text{if } r = 0 \\ \max(a_1, a_2, \dots, a_n) & \text{if } r = +\infty \\ \min(a_1, a_2, \dots, a_n) & \text{if } r = -\infty. \end{cases}$$

Let  $a_1, a_2, \dots, a_n$  be positive real numbers and  $r, s \in \mathbb{R} \cup \{\pm\infty\}$  with  $r > s$ . Then

$$\mathfrak{P}(a_1, a_2, \dots, a_n; r) \geq \mathfrak{P}(a_1, a_2, \dots, a_n; s)$$

with equality if and only if  $a_1 = a_2 = \dots = a_n$ .

In particular, QM-AM-GM-HM says

$$\sqrt{\frac{a_1^2 + a_2^2 + \dots + a_n^2}{n}} \geq \frac{a_1 + a_2 + \dots + a_n}{n} \geq \sqrt[n]{a_1 a_2 \dots a_n} \geq \frac{n}{\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n}}$$

*Theorem 8* (Cauchy-Schwarz). Let  $(a_1, a_2, \dots, a_n)$  and  $(b_1, b_2, \dots, b_n)$  be two  $n$ -tuples of real numbers. Then

$$(a_1 b_1 + a_2 b_2 + \dots + a_n b_n)^2 \leq (a_1^2 + a_2^2 + \dots + a_n^2)(b_1^2 + b_2^2 + \dots + b_n^2)$$

with equality if and only if the two  $n$ -tuples are proportional, i.e. either every  $a_i = 0$  or there is a real number  $\lambda$  with  $b_i = \lambda a_i$  for each  $i$ .

*Theorem 9* (Titu's Lemma). Let  $a_1, a_2, \dots, a_n$  be real numbers and  $b_1, b_2, \dots, b_n$  positive real numbers. Then

$$\frac{a_1^2}{b_1} + \frac{a_2^2}{b_2} + \dots + \frac{a_n^2}{b_n} \geq \frac{(a_1 + a_2 + \dots + a_n)^2}{b_1 + b_2 + \dots + b_n}.$$

Hölder's inequality is a generalization of Cauchy-Schwarz; it allows an arbitrary number of sequences of variables, as well as different weights. First we need the following:

*Theorem 10* (Young). For  $a, b > 0$  and  $p, q > 0$  such that  $\frac{1}{p} + \frac{1}{q} = 1$ ,

$$ab \leq \frac{a^p}{p} + \frac{b^q}{q}.$$

This is a special case of the weighted AM-GM inequality.

*Theorem 11* (Hölder). Let  $a_1, \dots, a_n; b_1, \dots, b_n; \dots; z_1, \dots, z_n$  be sequences of nonnegative real numbers, and let  $\lambda_a, \dots, \lambda_z$  be positive reals summing to 1. Then

$$(a_1 + \dots + a_n)^{\lambda_a} (b_1 + \dots + b_n)^{\lambda_b} \dots (z_1 + \dots + z_n)^{\lambda_z} \geq a_1^{\lambda_a} b_1^{\lambda_b} \dots z_1^{\lambda_z} + a_n^{\lambda_a} b_n^{\lambda_b} \dots z_n^{\lambda_z}.$$

*Proof.* First we prove that

$$(a_1^p + \dots + a_n^p)^{\frac{1}{p}} (b_1^q + \dots + b_n^q)^{\frac{1}{q}} \geq a_1 b_1 + \dots + a_n b_n, \quad (1)$$

when  $p, q > 0$  and  $\frac{1}{p} + \frac{1}{q}$ , which is equivalent to the theorem statement for 2 variables.

Let  $A = (a_1^p + \dots + a_n^p)^{\frac{1}{p}}$  (also denoted  $\|a\|_p$ ) and  $B = (b_1^q + \dots + b_n^q)^{\frac{1}{q}}$ . Let  $a'_i = \frac{a_i}{A}$  and  $b'_i = \frac{b_i}{B}$ . Now that we've "normalized"  $(a_1, \dots, a_n)$  and  $(b_1, \dots, b_n)$  so that  $(a_1^p + \dots + a_n^p)^{\frac{1}{p}} = 1$  and  $(b_1^q + \dots + b_n^q)^{\frac{1}{q}} = 1$ , we can apply Minkowski's inequality.

$$a'_1 b'_1 + \dots + a'_n b'_n \leq \frac{1}{p}(a_1^p + \dots + a_n^p)^{\frac{1}{p}} + \frac{1}{q}(b_1^q + \dots + b_n^q)^{\frac{1}{q}} = \frac{1}{p} + \frac{1}{q} = 1$$

Multiplying by  $AB$  gives (1).

The general inequality follows by induction on the number of sequences. For example, passing from 2 to 3 sequences, apply Hölder to with weights  $\frac{\lambda_a}{\lambda_a + \lambda_b}, \frac{\lambda_b}{\lambda_a + \lambda_b}$ , then with weights  $\lambda_a + \lambda_b, \lambda_c$ .  $\square$

*Theorem 12* (Minkowski). Let  $p > 1$  and let  $a_1, \dots, a_n, b_1, \dots, b_n, \dots, z_1, \dots, z_n$  be positive numbers. Then

$$\begin{aligned} & (|a_1|^p + \dots + |a_n|^p)^{\frac{1}{p}} + (|b_1|^p + \dots + |b_n|^p)^{\frac{1}{p}} + \dots + (|z_1|^p + \dots + |z_n|^p)^{\frac{1}{p}} \\ & \geq [ (|a_1 + \dots + z_1|)^p + (|a_2 + \dots + z_2|)^p + \dots + (|a_n + \dots + z_n|)^p ]^{\frac{1}{p}} \end{aligned}$$

*Proof.* We first prove Minkowski for 2 sequences. We have

$$\begin{aligned} \sum_{k=1}^n |a_k + b_k|^p &= \sum_{k=1}^n (|a_k| + |b_k|) |a_k + b_k|^{p-1} \\ &= \sum_{k=1}^n |a_k| |a_k + b_k|^{p-1} + \sum_{k=1}^n |b_k| |a_k + b_k|^{p-1} \\ &\leq \left( \left( \sum_{k=1}^n |a_k|^p \right)^{\frac{1}{p}} + \left( \sum_{k=1}^n |b_k|^p \right)^{\frac{1}{p}} \right) \left( \sum_{k=1}^n |a_k + b_k|^{(p-1)\left(\frac{p}{p-1}\right)} \right)^{\frac{p-1}{p}} \\ \left( \sum_{k=1}^n |a_k + b_k|^p \right)^{\frac{1}{p}} &\leq \left( \sum_{k=1}^n |a_k|^p \right)^{\frac{1}{p}} + \left( \sum_{k=1}^n |b_k|^p \right)^{\frac{1}{p}} \end{aligned}$$

The general case follows by induction.  $\square$

As a corollary,  $\|x\|_p = \sqrt[p]{|x_1|^p + \dots + |x_n|^p}$  is a valid norm in  $n$ -dimensional space for  $p \geq 1$ .

*Theorem 13* (Schur). Let  $a, b, c \geq 0$  and  $r > 0$ . Then

$$a^r(a-b)(a-c) + b^r(b-c)(b-a) + c^r(c-a)(c-b) \geq 0$$

with equality iff  $a = b = c$  or some two are equal and the other is 0.

*Proof.* Suppose WLOG  $a \geq b \geq c$ . Rewrite the inequality as

$$(a-b)(a^r(a-c) - b^r(b-c)) + c^r(a-c)(b-c).$$

Both terms are positive.  $\square$

*Theorem 14* (Muirhead). Suppose  $(a_1, \dots, a_n) \succ (b_1, \dots, b_n)$ . Then for any positive reals  $x_1, \dots, x_n$ ,

$$\sum_{\text{sym}} x_1^{a_1} x_2^{a_2} \cdots x_n^{a_n} \geq \sum_{\text{sym}} x_1^{b_1} x_2^{b_2} \cdots x_n^{b_n}$$

where the sum is taken over all permutations of  $n$  variables.

### Problems

1. (Nesbitt) Let  $a, b, c > 0$ . Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2}$$

2. Prove Aczel's Inequality: If  $a_1^2 \geq a_2^2 + \cdots + a_n^2$  then

$$(a_1 b_1 - a_2 b_2 - \cdots - a_n b_n)^2 \geq (a_1^2 - a_2^2 - \cdots - a_n^2)(b_1^2 - b_2^2 - \cdots - b_n^2).$$

Hint: Consider the determinant of the quadratic

$$(a_1 x - b_1)^2 - (a_2 x - b_2)^2 - \cdots - (a_n x - b_n)^2.$$

3. Prove that for all reals  $a, b, c$ ,

$$(a^2 b + b^2 c + c^2 a)(ab^2 + bc^2 + ca^2) \leq (a^2 + b^2 + c^2)(a^2 b^2 + b^2 c^2 + c^2 a^2).$$

4. The numbers  $-1 \leq x_1, x_2, \dots, x_n \leq 1$  satisfy  $x_1^3 + x_2^3 + \cdots + x_n^3 = 0$ . Prove that

$$x_1 + x_2 + \cdots + x_n \leq \frac{n}{3}.$$

5. Let  $x, y, z$  be nonnegative real numbers. Prove that

$$(x^2 + 1)(y^2 + 1)(z^2 + 1) \geq (x + y + z - xyz)^2.$$

6. Let  $a, b, c$  be positive reals such that  $a + b + c = 1$ . Prove that

$$\sqrt{ab+c} + \sqrt{bc+a} + \sqrt{ca+b} \geq 1 + \sqrt{ab} + \sqrt{bc} + \sqrt{ca}.$$

7. (TST 2000/1) Let  $\{a_n\}_{n \geq 0}$  be a sequence of real numbers such that  $a_{n+1} \geq a_n^2 + \frac{1}{5}$  for all  $n \geq 0$ . Prove that  $\sqrt{a_{n+5}} \geq a_{n-5}^2$  for all  $n \geq 5$ .

8. (IMO 2004/4) Let  $n \geq 3$  be an integer. Let  $t_1, \dots, t_n$  be positive real numbers such that

$$n^2 + 1 > (t_1 + t_2 + \cdots + t_n) \left( \frac{1}{t_1} + \frac{1}{t_2} + \cdots + \frac{1}{t_n} \right).$$

Prove that for all  $i, j, k$ , the numbers  $t_i, t_j, t_k$  are sides of a triangle.

9. (USAMO 2009/4) For  $n \geq 2$  let  $a_1, a_2, \dots, a_n$  be positive real numbers such that

$$(a_1 + a_2 + \dots + a_n) \left( \frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n} \right) \leq \left( n + \frac{1}{2} \right)^2.$$

Prove that  $\max(a_1, a_2, \dots, a_n) \leq 4 \min(a_1, a_2, \dots, a_n)$ .

10. (TST 2010/2) Let  $a, b, c$  be positive reals such that  $abc = 1$ . Show that

$$\frac{1}{a^5(b+2c)^2} + \frac{1}{b^5(c+2a)^2} + \frac{1}{c^5(a+2b)^2} \geq \frac{1}{3}.$$

11. (Crux Mathematicorum)  $a, b, c, d, e$  are positive reals multiplying to 1. Prove that

$$\frac{a+abc}{1+ab+abcd} + \frac{b+bcd}{1+bc+bcde} + \frac{c+cde}{1+cd+cdea} + \frac{d+dea}{1+de+deab} + \frac{e+eab}{1+ea+eabc} \geq \frac{10}{3}$$

12. (IMO 2000/2) Positive reals  $a, b, c$  have product 1. Prove that

$$\left( a - 1 + \frac{1}{b} \right) \left( b - 1 + \frac{1}{c} \right) \left( c - 1 + \frac{1}{a} \right) \leq 1.$$

13. (IMO 2003/5) Let  $n$  be a positive integer and let  $x_1 \leq \dots \leq x_n$  be real numbers. Prove that

$$\left( \sum_{1 \leq i, j \leq n} |x_i - x_j| \right)^2 \leq \frac{2(n^2 - 1)}{3} \sum_{1 \leq i, j \leq n} (x_i - x_j)^2.$$

Show that equality holds if and only if  $x_1, \dots, x_n$  is an arithmetic sequence.

14. (IMO 2008/2) Prove that if  $x, y, z$  are three real numbers, all different from 1, such that  $xyz = 1$ , then

$$\frac{x^2}{(x-1)^2} + \frac{y^2}{(y-1)^2} + \frac{z^2}{(z-1)^2} \geq 1.$$

15. (USAMO 2004/5) Let  $a, b, c$  be positive reals. Prove that

$$(a^5 - a^2 + 3)(b^5 - b^2 + 3)(c^5 - c^2 + 3) \geq (a + b + c)^3.$$

16. (USAMO 1997/5) Prove that for all positive reals  $a, b, c$ ,

$$\frac{1}{a^3 + b^3 + abc} + \frac{1}{b^3 + c^3 + abc} + \frac{1}{c^3 + a^3 + abc} \leq \frac{1}{abc}.$$

17. (MOSP 2007) Let  $a, b$ , and  $c$  be nonnegative real numbers with

$$\frac{1}{a^2 + 1} + \frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} = 2.$$

Prove that

$$ab + bc + ca \leq \frac{3}{2}.$$

18. (USAMO 2003/5) Let  $a, b, c$  be positive real numbers. Prove that

$$\frac{(2a + b + c)^2}{2a^2 + (b + c)^2} + \frac{(2b + c + a)^2}{2b^2 + (c + a)^2} + \frac{(2c + a + b)^2}{2c^2 + (a + b)^2} \leq 8.$$

19. (ISL 2004/A5) Let  $a, b, c > 0$  and  $ab + bc + ca = 1$ . Prove the inequality

$$\sqrt[3]{\frac{1}{a} + 6b} + \sqrt[3]{\frac{1}{b} + 6c} + \sqrt[3]{\frac{1}{c} + 6a} \leq \frac{1}{abc}.$$

20. (ISL 2006/A5) Let  $a, b, c$  be the sides of a triangle. Prove that

$$\frac{\sqrt{b+c-a}}{\sqrt{b} + \sqrt{c} - \sqrt{a}} + \frac{\sqrt{c+a-b}}{\sqrt{c} + \sqrt{a} - \sqrt{b}} + \frac{\sqrt{a+b-c}}{\sqrt{a} + \sqrt{b} - \sqrt{c}} \geq 3.$$

21. (TST 2007/3) Show that for reals  $x, y, z$  which are not all positive,

$$\frac{16}{9}(x^2 - x + 1)(y^2 - y + 1)(z^2 - z + 1) \geq (xyz)^3 - xyz + 1.$$

22. (IMO 2005/3) Prove that for all positive  $a, b, c$  with product at least 1,

$$\frac{a^5 - a^2}{a^5 + b^2 + c^2} + \frac{b^5 - b^2}{b^5 + c^2 + a^2} + \frac{c^5 - c^2}{c^5 + a^2 + b^2} \geq 0.$$

23. (IMO 2006/3) Determine the least real number  $M$  such that for all reals  $a, b, c$ ,

$$|a^3b + b^3c + c^3a - a^3c - b^3a - c^3b| \leq M \cdot (a^2 + b^2 + c^2)^2.$$

24. Consider any sequence  $a_1, a_2, \dots$  of real numbers. Show that

$$\sum_{n=1}^{\infty} a_n \leq \frac{2}{\sqrt{3}} \sum_{n=1}^{\infty} \left(\frac{r_n}{n}\right)^{1/2},$$

where  $r_n = \sum_{k=n}^{\infty} a_k^2$ .

25. (ISL 2004/A7) Let  $a_1, \dots, a_n$  be positive real numbers,  $n > 1$ . Denote by  $g_n$  their geometric mean, and by  $A_1, \dots, A_n$  the sequence of arithmetic means defined by  $A_k = \frac{a_1 + \dots + a_k}{k}$ ,  $k = 1, 2, \dots, n$ . Let  $G_n$  be the geometric mean of  $A_1, \dots, A_n$ . Prove that

$$n \sqrt[n]{G_n A_n} + \frac{g_n}{G_n} \leq n + 1$$

and establish the cases of equality.

Reference: *Olympiad Inequalities* by Thomas Mildorf